

ABSTRACT OF THE DISCLOSURE:

A method for producing a formed member made of a steel sheet according to the present invention is characterized by preparing a steel sheet material having tensile strength of 500 MPa or less and containing a nitriding element; forming a formed member having a predetermined shape by performing a plastic forming on the steel sheet material; and performing a nitriding treatment on the formed member so that an average hardness in the sheet thickness direction of the resultant steel sheet member is Hv 300 or more by Vickers hardness, and further characterized in that the difference in hardness between the surface part and the inside center part in the thickness direction of the steel sheet member of the formed member is Hv 200 or less by Vickers hardness, thereby it is possible to reliably obtain a formed member having a sufficiently high strength after a nitriding treatment while ensuring a plastic formability of a steel sheet in obtaining a formed member made of a steel sheet member of high strength by performing a nitriding treatment after subjecting a steel sheet material to a plastic forming.